

Carruthers Creek This Week

Week of Mar. 1st WE ARE "ALLERGY AWARE & NUT FREE!"

905-683-0921 http://carruthers.ddsb.ca

a Twitter: @Carruthers_PS

WHAT TO DO IF YOUR CHILD IS SICK

See pages 3 and 4 for Update to COVID-19 School Screening Requirements





Masks are required to be worn in school by all students in Grades 1-12

Help Stop the Spread



MARCH/APRIL AT CCPS

March 4	-	SCC Meeting
March 12 -	•	Board Holiday (schools closed)
April 2 –	•	Good Friday (no classes)
April 5 –	•	Easter Monday (no classes)
April 12-16 ·	-	Spring Break

Principal: S. Pipher-Hogg Vice Principal: R. Saati

Trustee:



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Superintendent: Margaret Lazarus

Principal: S. Pipher-Hogg

Vice Principal: R. Saati

IMPORTANT UPDATE TO COVID-19 SCHOOL SCREENING REQUIREMENTS

Dear Parents/Guardians,

I am writing to inform you of important changes that the Government of Ontario has made to help stop the spread of COVID-19 in the community. Everyone is required to follow these important directions from Ontario's Chief Medical Officer of Health.

Changes to the Mandatory COVID-19 Self-Screening

Changes have been made to the mandatory COVID-19 self-screening that must take place every morning before leaving for school. Effective immediately, every student who has <u>one</u> new or worsening symptom of COVID-19 must stay home until:

They receive a negative COVID-19 test result.

They receive an alternative diagnosis by a health care professional, or

It has been 10 days since the start of symptoms, and they are feeling better.

This is a change from the previous requirement to stay home if an individual has two or more symptoms. A list of symptoms has been included at the bottom of this message.

Parents/guardians must check their child(ren) for symptoms of COVID-19 every morning using the Government of Ontario's easy to use COVID-19 school screening tool at: <u>https://covid-19.ontario.ca/school-screening/</u>.

If your child does not pass the screening, please ensure that your child does not come to school and follow the directions outlined in the self-screening tool in order to keep everyone safe.

Isolation Requirement for Household Contacts of People with Symptoms of COVID-19

If someone <u>living in your household has symptoms</u> of COVID-19, everyone in the household is required to quarantine (stay at home and not leave the home) until the person with symptoms:

receives a negative COVID-19 test result, or

receives an alternative diagnosis by a health care professional.

If the person with symptoms **tests positive**, or is **not tested** and does not receive an alternative diagnosis from a health care professional, the person with symptoms must isolate (including from household members) for 10 days from when the symptoms started, and all household contacts must isolate until 14 days from their last contact with the person with symptoms.

Thank You

On behalf of our entire school team, we appreciate your cooperation with these updated guidelines meant to keep everyone at our school community safe. Should you have any questions or concerns, or if your child is required to self-isolate, please do not hesitate to speak to your classroom teacher or the school office if we can be of any assistance.

Sincerely,

Susan Pipher-Hogg Principal Carruthers Creek PS Rema Saati Vice Principal

List of COVID-19 Symptoms

Fever and/or chills

Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

Cough or barking cough (croup)

Continuous, more than usual, making a whistling noise when breathing (not related to asthma, postinfectious reactive airways, or other known causes or conditions they already have)

Shortness of breath

Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions they already have)

Decrease or loss of taste or smell

Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have

Sore throat or difficulty swallowing

Painful swallowing (not related to seasonal allergies, acid reflux, or other known causes or conditions they already have)

Runny or stuffy/congested nose

Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

Headache

Unusual, long-lasting (not related to tension-type headaches, chronic migraines, or other known causes or conditions they already have)

Nausea, vomiting, and/or diarrhea

Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions they already have

Extreme tiredness or muscle aches

Unusual, fatigue, lack of energy, poor feeding in infants (not related to depression, insomnia, thyroid dysfunction, sudden injury, or other known causes or conditions they already have)