



Carruthers Creek This Week

905-683-0921 <http://carruthers.ddsb.ca> Twitter: @Carruthers_PS

Week of Jan.. 24th

WE ARE

"ALLERGY AWARE & NUT FREE!"

Carruthers Creek January Spirit Days



Thursday January 24	Thursday January 25	Thursday January 26	Thursday January 27
Coyote Spirit Day! Wear Blue, Orange or your Coyote Gear!	Favourite Colour Day! Wear your favourite colour! We will be able to guess what it is!	Toronto Maple Leaf Day! Wear your favourite Maple Leafs gear or Red and White to cheer on the team!	Superhero Day! Wear a cape and be the superhero you are!

SNOW AND OUR PARKING LOT

Snow, snow and more snow! With the amount of snow we have received, we need to be extra careful for the safety of everyone. Parking spaces are very limited and the snow banks have impacted our sightlines. Everyone needs to have patience when dropping off and picking up your child(ren). We remind everyone to park legally on school property and on side streets and not to be walking through the Kiss and Ride area - use the sidewalks.



Mr. Carter arriving on Monday morning last week.



STAFFING UPDATE

Friday, January 28th will be Mrs. Tremblay's last day with us. We would like to wish her and her family all the best as they transition to Ottawa. We continue to seek out a French teacher to replace her teaching assignment.

We would like to welcome Ms. Campbell to CCPS. She will be replacing Mrs. Sweetman while she is off.

RAPID ANTIGEN TEST KITS

As of Friday, we still have not received any Rapid Antigen Test Kits for our 1-to-1 distribution. We will keep you posted.

REMINDER

We no longer have a 5 minute entry in the morning. At 9:15 am instruction time begins and students are expected to be on school property before 9:15 am. Exterior doors will be locked shortly after 9:15 am and students arriving late will have to go directly to the office to obtain a late slip.

SUBWAY AND PIZZA LUNCHES

We will be resuming Subway and Pizza lunches beginning February 7th. You will be able to place your online orders through Cash Online beginning soon.



DDSB MULTI-YEAR STRATEGIC PRIORITIES

Superintendent: Margaret Lazarus

Principal: S. Pipher-Hogg

www.ddsb.ca

Trustee: Donna Edwards

Vice Principal: R. Saati



Carruthers Creek This Week

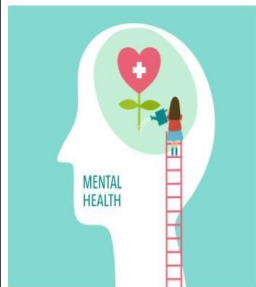
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BELL LET'S TALK DAY—JANUARY 26



Bell Let's Talk Day is January 26 and Carruthers Creek will be joining in to help create positive change for mental health.

On Bell Let's Talk Day, Bell will donate more towards mental health initiatives in Canada by contributing 5¢ for every applicable text, call, tweet or TikTok video using #BellLetsTalk, social media video view and use of the Facebook frame or Snapchat lens.



Small actions from recognizing stressors, to being there for a loved one can help support mental health and strengthen our communities during this difficult time

Keep Listening, Keep Talking



Recognizing Signs of Stress



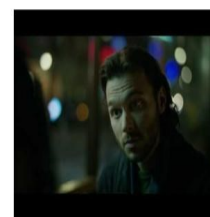
- We can be affected psychologically (e.g., feeling worried), as well as physically (e.g., sleeping poorly)
- Stressors that are beyond our personal control are especially difficult to cope with
- Remember that not everyone reacts to the same event in the same way and not everyone shows their distress in the same way



Bell Let's Talk promotes mental health awareness, acceptance and action.

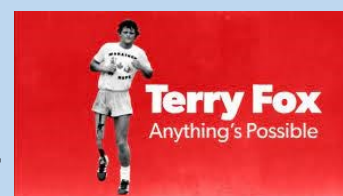
This year, we want to encourage Canadians to

Keep Listening, Keep Talking



TERRY FOX SCHOOL RUN RESULTS

This year, Carruthers Creek Public School came together to raise an incredible \$995.00 for cancer research for our Terry Fox School Run. The Terry Fox Foundation is so grateful for our commitment and dedication. It is wonderful to see that Terry continues to inspire millions of students across the country. If you have not donated and would still like to contribute, our school donation link is still open at <http://www.terryfox.ca/CarruthersCreekPSAjax> #TryLikeTerry



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**FSL
Information
Night on
Feb. 8, 2022**

Register Now
Link below in the description

<https://drive.google.com/file/d/1rPd85RZ-AY9V6qhX-03iEXZHTsS4mA2k/view?usp=sharing>



DENSA presents
**Book Talk with
Author Meera Bala**
Tamil Heritage Month Event
Monday, January 31st, 2022

Book Talk with Meera Bala
5:30 - 6:30 pm on January 31st, 2022

Join author Meera Bala for a read aloud of her book "Palm Trees Under Snow". DENSA is proud to provide a platform to connect with a **female author** who exemplifies **Tamil excellence**. Learn more about Meera Bala's books on her website:
<https://wordsbymeera.com/books>

This interactive workshop will be an excellent family night event for parents/guardians and students in Grades 4-10.

Sign up at www.densa.ca
or register using the following link: <https://forms.gle/8DrVFdZmWiCobM2g6>



 @DensaNetwork
 @Densadbsb
 www.facebook.com/densadbsb
Website: densa.ca

<https://drive.google.com/file/d/11FhumgqKBCEG65CtIUU9Yx-zPtvFbwUc/view?usp=sharing>



Mr. Cha's Class

The Gratitude Tree

SUCCESS We value your achievements.	WELL-BEING We value how you feel.	LEADERSHIP We value how you grow.	EQUITY We value who you are.	ENGAGEMENT We value your involvement.	INNOVATION We value forward thinking.
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