



# Carruthers Creek This Week

905-683-0921 <http://carruthers.ddsb.ca> Twitter: @Carruthers\_PS

Week of Feb. 22nd

WE ARE  
"ALLERGY AWARE & NUT FREE!"

## WHAT TO DO IF YOUR CHILD IS SICK

See pages 2 and 3 for Update to COVID-19 School Screening Requirements

### Carruthers Creek Spirit Days

<b>Wednesday January 20</b> <b>Coyote Spirit Day</b> Wear your favorite Coyote shirt or hoodie.	<b>Wednesday January 27</b> <b>Hat Day!</b> Wear your favorite hat.	<b>Wednesday February 3</b> <b>Wacky Hair Day</b> Wear your wildest hair today.	<b>Wednesday February 10</b> <b>Team Day!</b> Wear your favorite team shirt.	<b>Wednesday February 17</b> <b>Pajama Day</b> Wear your favorite pajamas.	<b>Wednesday February 24</b> <b>PINK Shirt Day!</b> Wear PINK to promote kindness during our anti-bullying week.
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### I READ CANADIAN I READ

February 16 was I Read Canadian Day!

The purpose of this event is to raise awareness of Canadian books and celebrate the richness and diversity of Canadian literature.

## Please Join Us

Wednesday, February 24, 2021 • 7:00-9:00pm

### Parent Engagement Series

#### How to talk to your children about anti-Black racism.

with Bee Quammie

ADVANCE REGISTRATION IS REQUIRED  
[CLICK HERE](#)

After registering, you will receive a confirmation email containing information about joining the webinar.

### Recognizing Canadian Achievements with our school digital announcements!

<b>Play</b> like P.K. Subban	<b>Soar</b> like Eliadaj Balde	<b>Run</b> like Perdita Felician	<b>Inspire</b> like Winnie Harlow
<b>Write</b> like Nadia L. Hohn	<b>Be a Journalist</b> like Andria Case	<b>Enlighten</b> like Tracy Moore	<b>Dribble</b> like Andrew Wiggins
<b>Hit</b> like Francine Abanda	<b>Lead</b> like Marci Ien	<b>Try Different Things</b> like Phylicia George	<b>Shoot</b> like Cory Joseph
<b>Lead</b> like Michaelle Jean	<b>Create</b> like Drake	<b>Practice Self-Care</b> like Traci Melchor	<b>Be Ambitious</b> like Tyrone Edwards

**Celebrating Black Canadians**  
 Every February, Canadians are invited to participate in Black History Month festivities and events that honour the legacy of Black Canadians, past and present. During Black History Month, Canadians celebrate the many achievements and contributions of Black Canadians who, throughout history, and today, have done so much to make Canada the culturally diverse, compassionate and prosperous nation it is today.

## Masks are required to be worn in school by all students in Grades 1-12

**Help Stop the Spread**  
[www.ddsb.ca](http://www.ddsb.ca)

## BLACK HISTORY MONTH IN CANADA

**Celebrating Black Canadians**

Our Grade 6 students selected and researched a Black Canadian and their contributions to athletics, entertainment, politics, science, etc. Do you recognize any of these incredible Canadians?

<b>Phylicia George</b> Celebrating Black History Month in Canada	<b>Kadeisha Buchanan</b> Celebrating Black History Month in Canada	<b>Wayne Simmonds</b> Celebrating Black History Month in Canada	<b>Inflection Davis</b> Celebrating Black History Month in Canada
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### LUNCH/MISCELLANEOUS ITEM DROP-OFF

Our lunch drop off table is located just inside the front doors, If you absolutely have to drop a lunch or other item off please make sure it is packaged and labelled as there will be no pens or labels available.

**SUCCESS** We value your achievements.

**WELL-BEING** We value how you feel.

**LEADERSHIP** We value how you grow.

**EQUITY** We value who you are.

**ENGAGEMENT** We value your involvement.

**INNOVATION** We value forward thinking.

DDSb MULTI-YEAR STRATEGIC PRIORITIES

## **IMPORTANT UPDATE TO COVID-19 SCHOOL SCREENING REQUIREMENTS**

Dear Parents/Guardians,

I am writing to inform you of important changes that the Government of Ontario has made to help stop the spread of COVID-19 in the community. Everyone is required to follow these important directions from Ontario's Chief Medical Officer of Health.

### **Changes to the Mandatory COVID-19 Self-Screening**

Changes have been made to the mandatory COVID-19 self-screening that must take place every morning before leaving for school. Effective immediately, every student who has **one new or worsening symptom** of COVID-19 must stay home until:

- They receive a negative COVID-19 test result.
- They receive an alternative diagnosis by a health care professional, or
- It has been 10 days since the start of symptoms, and they are feeling better.

This is a change from the previous requirement to stay home if an individual has two or more symptoms. A list of symptoms has been included at the bottom of this message.

Parents/guardians must check their child(ren) for symptoms of COVID-19 every morning using the Government of Ontario's easy to use COVID-19 school screening tool at: <https://covid-19.ontario.ca/school-screening/>.

If your child does not pass the screening, please ensure that your child does not come to school and follow the directions outlined in the self-screening tool in order to keep everyone safe.

### **Isolation Requirement for Household Contacts of People with Symptoms of COVID-19**

If someone living in your household has symptoms of COVID-19, **everyone in the household is required to quarantine** (stay at home and not leave the home) until the person with symptoms:

- receives a negative COVID-19 test result, or
- receives an alternative diagnosis by a health care professional.

If the person with symptoms **tests positive**, or is **not tested** and does not receive an alternative diagnosis from a health care professional, the person with symptoms must isolate (including from household members) for 10 days from when the symptoms started, and all household contacts must isolate until 14 days from their last contact with the person with symptoms.

### **Thank You**

On behalf of our entire school team, we appreciate your cooperation with these updated guidelines meant to keep everyone at our school community safe. Should you have any questions or concerns, or if your child is required to self-isolate, please do not hesitate to speak to your classroom teacher or the school office if we can be of any assistance.

Sincerely,

Susan Pipher-Hogg  
Principal  
Carruthers Creek PS

Rema Saati  
Vice Principal

## List of COVID-19 Symptoms

### **Fever and/or chills**

Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

### **Cough or barking cough (croup)**

Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways, or other known causes or conditions they already have)

### **Shortness of breath**

Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions they already have)

### **Decrease or loss of taste or smell**

Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have

### **Sore throat or difficulty swallowing**

Painful swallowing (not related to seasonal allergies, acid reflux, or other known causes or conditions they already have)

### **Runny or stuffy/congested nose**

Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have

### **Headache**

Unusual, long-lasting (not related to tension-type headaches, chronic migraines, or other known causes or conditions they already have)

### **Nausea, vomiting, and/or diarrhea**

Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions they already have

### **Extreme tiredness or muscle aches**

Unusual, fatigue, lack of energy, poor feeding in infants (not related to depression, insomnia, thyroid dysfunction, sudden injury, or other known causes or conditions they already have)