

## Resources



[www.media-awareness.ca](http://www.media-awareness.ca)

Media Awareness Network (English and French)  
Resources and support for everyone interested in media  
and information literacy for young people



[www.bewebaware.ca](http://www.bewebaware.ca)

Produced by Media Awareness Network  
(English and French)  
This site provides the tools needed to help keep your  
kids safe online.



[www.cybertip.ca/en/cybertip](http://www.cybertip.ca/en/cybertip)

Canada's Tipline for reporting the online sexual  
exploitation of children  
This site also provides information,  
referrals and other resources to help Canadians keep  
their children safe while on the Internet.



[www.safekids.com](http://www.safekids.com)

A family guide to making the Internet and technology  
fun, safe and productive



[www.staysafeonline.org](http://www.staysafeonline.org)

National Cyber Security Alliance (American)  
Simple steps and resources you can use to learn how  
to secure your home computer from cyber threats



[www.ncecc.ca/cets\\_e.htm](http://www.ncecc.ca/cets_e.htm)

National Child Exploitation Coordination Centre,  
part of Canada's National Police Services  
A clearing house and coordination centre for all  
international requests to conduct investigations in  
Canada related to child sexual exploitation on  
the Internet.



The Durham District School Board ensures Openness,  
Accountability and Safety by providing a secure  
learning and work environment.

## Cyberproofing



**A Guide to Safety  
on the Internet for  
Students, Teachers  
and Parents**

### Facts to Consider

- 94% of young people say they access the Internet from home and 44% have e-mail accounts their parents are not aware of.
- 86% of students have e-mail accounts.
- 23% of students have their own cell phone, 44 % of which have Internet capability, 56% of students' cell phones have text messaging and 17 % have cameras.
- Instant messaging is the preferred way to socialize online.

Information taken from survey done by "Young Canadians in a Wired World"  
[www.media-awareness.ca](http://www.media-awareness.ca)

## The Durham District School Board Provides

- Procedure #3101: Acceptable Use Policy
- Regulation #5500: Code of Conduct
- Procedure #4255: Security and Safety in Schools
- Internet Site Filtering Technology
- Spyware Monitoring
- Virus Protection
- Data Encryption
- Partnership with Durham Regional Police
- Media Awareness Workshops for Teachers
- Cybercops - Grade 7 Internet Safety Unit  
- Physical Education
- Support for Critical Literacy and Self-Advocacy
- Ministry of Education Language Expectations  
- Media Literacy Strand Grades 1-8
- Ministry of Education Think Literacy  
- Computer Studies Grades 7-12

## Responsibility of the Student

- Read the DDSB Acceptable Use Policy with your parents.
- Remember nothing written on the web is completely private.
- Know who to talk to, and to report dangerous situations immediately. Some reports are criminal offences.
- Never open e-mails, files, links, images or games from people who you do not know or trust.
- Do not use language you would not use in public.
- Never arrange a face-to-face meeting with someone you meet on-line - BE WARY!
- Never give out personal information or share your password.
- Be careful when someone offers you something for nothing.

## Responsibility of the Parent/Guardian

- Learn about the Internet, and what your children do on it.
- Create a family agreement on Internet use with input from your children.
- Create your own list of great sites.
- Teach your children never to give out personal information - have them use an online nickname that is gender neutral.
- Insist that they tell you if they want to meet an "online friend".
- Talk to them about healthy sexuality. Children can easily come across online pornography. Direct them to good sites about health and sexuality.
- Put your connected computer in a well-used area of your home.
- Explore technological tools to filter content and control Internet access. Protect them from offensive "pop ups" by disabling Java on your computer.
- Encourage an open dialogue with children regarding Internet conduct - talk about ethical behaviour. They should not be using the Internet to spread gossip, bully, or make threats against others.
- Encourage good Netiquette.
- Be aware of what your children are doing!

